

**Title: Critical Guidelines of CBDRM** 

Description: Partnerships for Disaster Reduction – South East Asia 3 (PDRSEA 3)

"An ability to recover quickly from or adjust easily to misfortune, change or disturbance......

The capacity of a system, community or society to resist or to change in order that it may obtain an acceptable level in functioning and structure"









## Resiliency is achieved by reducing the:

- Probability of failure through risk reduction measures;
- Consequences of failure, in terms of few lives lost, few injuries and reduced direct and indirect damage;
- Time needed for recovery; and the
- Patterns of vulnerability that can develop during the process of reconstruction;







# A resilient community is one that has certain capacities in three phases:

- Phase 1: ability to absorb shocks of hazard impact, so that they do not become disasters (reduce the probability of failure);
- Phase 2: the capacity to bounce back during and after disaster (consequences of failure);
- Phase 3: the opportunity for change and adaptation following a disaster (change the patterns of vulnerability, reduce time in recovery)

**Technical Case Study** 





#### Characteristics of resilience before a disaster:

#### Societies anticipate, reduce risks by adopting many approaches:

- Using traditional experiences and knowledge
- Having family or community disaster plans as well as adaptive behavior
- Reducing vulnerability of livelihoods through change, adaptation, and diversification of sources of livelihoods
- Permanent relocation of community to safer areas
- Having emergency kits or supplies ready for the event;
- Organize training courses in first aid etc
- Temporary evacuation before the event;







### Characteristics of resilience during and after disaster:

Societies cope during and after a disaster by doing what is needed to recover and taking actions to reduce future vulnerability:

- Drawing on the support of their community;
- Taking stock to determine what they have and what or who is missing;
- Restoring communications to facilitate aid distribution;
- Mitigating future risks by linking social, physical, economic, envirnt. recovery;
- Recognizing that physical recovery work can combine bereavement therapy with a possible income source; and
- Regarding the entire experience as a learning process







## Indicators of resilient community:

- A Community organization;
- A DRR and DP plan;
- A Community Early Warning System;
- **Trained manpower**: risk assessment, search and rescue, medical first aid, relief distribution, masons for safer house construction, fire fighting
- Physical Connectivity: roads, electricity, telephone, clinics
- Relational connectivity with local authorities, NGOs, etc.
- Knowledge of risks and risk reduction actions
- A Community Disaster Reduction Fund to implement risk reduction activities
- Safer House: to withstand with local hazards
- Safe source of livelihoods



